

EMPOWERMENT
FORGIVENESS HEALING
CLARITY MINDFULNESS
BALANCE GROWTH
PEACE COURAGE RESILIENCE
HOPE SELF-LOVE GRATITUDE
REFLECTION
SELF-COMPASSION JOY
ACCEPTANCE VULNERABILITY
AWARENESS TRANSFORMATION
HARMONY OPTIMISM RENEWAL

A GUIDE TO FINDING MENTAL HEALTH AND SUBSTANCE USE CARE RESOURCES FOR ADULTS, CHILDREN & FAMILIES IN MILWAUKEE COUNTY.

If you don't have health insurance, can't pay for co-pays, or are having a hard time getting an appointment, **HELP IS AVAILABLE**. Keep in mind some services and programs have wait times, so be ready to explore available services based on your needs. In a crisis, call the number below.



**Experiencing a mental health crisis?
Call 414-257-7222 or 988 (24/7).**





CALL TO GET CONNECTED

Connect With IMPACT 211

Dial **211** to talk to a Community Resource Specialist to find care that meets your needs.

Available 24/7

Connect With Milwaukee County Run Programs

Call the following resource lines: 414-257-7607 for **Children** or 414-289-6085 for **Adults**.

Available 24/7

*For resources and navigation support for children, and youth with special health care needs, connect with **WI Wayfinder** by calling 800-234-KIDS (5437).*

*Monday-Friday
9:00am-5:00pm.*



SEARCH ONLINE

Visit **HMKEwell.com** to search the **IMPACT 211 Mental Health and Substance Use Directory**. This directory offers a list of mental health and substance use provider options in Milwaukee County. Enter your zip code and click the service you need.

Available 24/7



NAVIGATION TOOL

The online navigation chat tool at **HMKEwell.com** can help you quickly filter through online listings. Answer a few simple questions and connect to a list of resources on IMPACT 211 that matches your needs. Text or email the information from the resource list to yourself or others.

Available 24/7



TEXT FOR SUPPORT

Text your zip code to 898-211 and an IMPACT 211 resource navigator will help you find services based your needs.

*Monday-Friday
9:00 am - 9:00 pm*



CHAT FOR SUPPORT

Chat online with an IMPACT 211 expert to find care that meets your needs at HMKEwell.com.

Available 24/7

WALK-IN & EMERGENCY SERVICES

The resources on this page and the next are for walk-in, crisis, and emergency services, and are available to whether you have health insurance or not. It's important to understand that a crisis is defined by the person going through it, and you won't be turned away, no matter your situation. These services do not represent all services in Milwaukee County and other options may be available through schools, Employee Assistance Programs, and medical providers.

Before visiting, we strongly recommend calling to confirm the operating hours.

ADULT - MENTAL HEALTH SUPPORT

Access Clinics

Offers assessments, counseling, medication management, peer support, referrals, and connections to other services for Milwaukee County residents 18 years old and older.

Access Clinic East, Located within

Outreach Community Health Centers

📍 210 W. Capitol Drive, MKE, WI, 53212

☎ 414-257-7665

Access Clinic North, Located within

Milwaukee Health Services, Inc.

📍 8200 W. Silver Spring Dr., MKE, WI, 53218

☎ 414-257-5190

Access Clinic South, Located within Sixteenth

Street Community Health Centers (National Ave.)

📍 1635 W. National Ave., MKE, WI, 53204

☎ 414-257-7900

ADULT - SUBSTANCE USE SUPPORT

Access Points

Offers assessments, counseling, peer support, and substance use treatment referrals.

Sirona Recovery

📍 205 W. Highland Ave., MKE, WI, 53203

☎ 414-552-8079

🌐 SironaRecovery.org

WestCare

📍 2821 N. Vel R. Phillips Ave., MKE, WI, 53212

☎ (414) 263-6000

🌐 WestCare.com

Wisconsin Community Services

📍 2610 W. North Ave., MKE, WI, 53206

☎ 414-885-2329

🌐 WISCS.org

CHILD & ADOLESCENT – MENTAL HEALTH & SUBSTANCE USE SUPPORT (AGES 5-18)

Children's Wisconsin Craig Yabuki Mental Health Walk-In Clinic

📍 8915 W. Connell Court, Milwaukee, WI, 53226

☎ 414-337-3400

🕒 Open daily 3:00pm to 9:30 pm.

ADULT - CRISIS INTERVENTION

Crisis Resource Centers

Offers assessment and stabilization for mental health or substance use crisis.

Crisis Resource Center - South

📍 2057 S. 14th St., MKE, WI, 53204

☎ 414-643-8778

Crisis Resource Center - West

📍 5566 N. 69th Street, MKE, WI, 53218

☎ 414-290-9730

EMERGENCY SERVICES FOR ADULTS, ADOLESCENTS & CHILDREN

Mental Health Emergency Center

If you, a family member, or a friend is experiencing a mental health emergency, go to the Mental Health Emergency Center (MHEC). A mental health emergency refers to a situation in which you or your friend/family member poses an immediate risk to themselves or others. Examples of mental health emergencies may include:

- Thoughts of suicide, self-harm or harming others
- Violent, erratic or aggressive behavior
- Significant worsening of mental health symptoms

📍 **1525 N. 12th Street, MKE, WI, 53205**

☎ **414-966-3030**

🕒 **Open 24/7 – 7 days per week**

🌐 **mentalhealthmke.org**

**Like any health emergency, sometimes distance matters and it may be best to call 911 or go to the nearest emergency department.*